



## **A Pattern for Prayer Development**

One pattern to use to begin your prayer time follows the acronym ACTS:

A	Acclamation/Adoration	Acknowledge and agree that God is God and we are not
C	Confession	Confess our sin, agreeing with God, and repent
T	Thanksgiving	For Who He is, for our salvation in Christ Jesus; what He has done; for His great love, mercy and grace
S	Supplication	Requests for our needs and circumstances and/ or for others

### **A – Acclamation/Adoration**

Let's start with praises and honor to our Lord, for example:

“Sing praises to God, sing praises; sing praises to our King, sing praises. For God is the King of all the earth; sing to him a psalm of praise.” Psalm 47:6-7

As you lift your heart to the Lord you might take a Scripture like the one above and personalize it as your praise and honor to God Almighty. Use any Scripture that tells Him of your love and adoration of Him.

Example: Father, I sing praises to you, Sovereign, reigning King. You alone rule all of earth. I acknowledge and honor You and sing a song of praise and thanksgiving. Thank you Jesus!

“.....and day and night they do not cease to say, “Holy, Holy, Holy is the Lord God, the Almighty, Who was and Who Is and Who is to come. “ Revelation 4:8

Example: Holy God, I join the heavenly beings in singing and praising and honoring You. You are Holy God! You are Eternal God – there is never, was never, never will be a time when You are not on Your throne ruling in goodness and majesty and glory!

### **C – Confession**

“If we confess our sins, He is faithful and just and will forgive our sins and purify us from all unrighteousness.” 1 John 1:9

“I acknowledged my sin to You, And my iniquity I did not hide; I said, ‘I will confess my sin to the LORD’; And You did forgive the guilt of my sin.” Selah Psalm 32:5

Example: Father, I confess to You, my sin of \_\_\_\_\_. I don’t get it right much of the time. I ask Your forgiveness and mercy, Your loving kindness to shine upon me, Your Spirit to cleanse my heart and give me strength to overcome this offense. I thank You, that You have promised this and I claim that promise as Truth; I humbly worship You in Spirit and in Truth.

### **T – Thanksgiving**

“I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds”. Psalm 9:1

Example: Lord God, I thank you for \_\_\_\_\_. I thank you from my heart. Your deeds are indeed wonderful to me!

We have so much for which to be grateful. We can always and rightly start with Jesus and the gift of faith to salvation He accomplished on the cross for us.

### **S – Supplication**

“I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—<sup>2</sup> for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.” 1 Timothy 2:1-2

Example: Lord God, according to your Word, I thank you that you accept this prayer and petition. I come to you asking that \_\_\_\_\_. (Praying for your needs and the needs of others.)

**Now, you try it with your own Scripture verses and personal needs.**